

Confidential's guide to straight teeth

We can straighten most children and adult's teeth

- **With conventional orthodontics we can straighten most children's and adults' teeth**

Conventional orthodontics involves moving the teeth for a variety of reasons and using different techniques. At Confidential we will carry out an orthodontic assessment to determine the best solution for you or your child. For children, this gives us the opportunity to treat problems early and minimise the need for more complex orthodontic treatment in the future; for adults, we can treat overcrowded or gappy teeth, which can cause difficulties with biting and chewing, and can affect your self-confidence.

- **Our faster orthodontics offer a quicker solution to a straighter smile for most adults**

Most adults are suitable for our faster orthodontic systems, which can substantially reduce the length of treatment time usually associated with conventional orthodontics, while remaining kind and safe to the teeth. At Confidential we offer a free orthodontic consultation for adults and children, where we can assess your needs and recommend the best solution for your individual situation.

- **We offer a range of cosmetic dentistry options that may suit your individual needs**

Problems with your teeth can have a huge affect on your self- confidence. At Confidential we offer the latest in cosmetic dentistry procedures designed to improve the appearance of your smile. From porcelain crowns, veneers and implants, our dentists offer a range of cosmetic options to eliminate imperfections in your teeth and enable you to smile with confidence for life.

Just some of our
orthodontic treatments
we offer at
confidential...



Simply Smile®

Simply Smile® is a discreet brace system using clear brackets that are placed on your teeth, these are made out of ceramic, a tougher more resilient material that can withstand higher biting pressures. The wire is white to camouflage to your teeth, this wire exerts a light force onto the teeth to encourage them to their new positions. This system is faster as the back teeth (even though we can tackle the back teeth too) are left as they are, concentrating on the cosmetics.

Secret Smile®

Secret Smile® braces are fitted to the back of your teeth, which means that braces are hidden and almost completely invisible. Each bracket with the Secret Smile® is custom made to fit your teeth, which makes them more comfortable. Secret Smile® braces are linked with a wire, which exerts a light force onto your teeth to gently encourage them into their new positions and uses a series of traditional and modified techniques.

Smile 3D® – JJ Thompson

Smile 3D® is one of the most effective, user friendly aligner solutions. The Smile 3D® system is for treating mild to moderate positioning of the teeth. They are comfortable to wear, clear and removable. Each aligner will make teeth move up to 0.5mm over a 2-3 week period.

Six month smiles®

Six Month Smiles® utilises specialised clear braces to gently straighten and align teeth in an average time of just six months. Six Month Smiles Lucid-lok® are clear brackets and tooth- coloured wires are barely visible and uses low forces and short overall orthodontic treatment times for increased comfort, safety, and hygiene.

Inman Aligner™

Inman Aligner™ are virtually invisible braces that are fast, safe and great value compared to other straight teeth systems. With Inman Aligner™ your front teeth can be gently guided to an ideal position in a matter of weeks. Inman Aligner™ is a simple removable brace that is worn between 16 to 20 hours per day. We will then check your Aligner every 2-3 weeks till the treatment is complete and your teeth are aligned into their new position.



Example pictures of patients treated by Dr Mohal

“I look forward to straightening your teeth”

Deepak Mohal

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Deepak Mohal qualified from Guy's, King's and St Thomas' College London with Honours. He is committed to constantly improving his skills and knowledge and has passed MJDF examinations with the Royal College of Surgeons and has passed his diploma from the world renowned Eastman Dental Institute (London).

He uses his knowledge, experience and especially love for dental gadgets to provide the best possible care for his patients. His dental interests include dental bonding, teeth straightening and dental implants. His funny and relaxing manner makes him ideal for nervous patients for treatment under sedation or even the dreaded root canal.

Before straight teeth treatment



After straight teeth treatment



At Confidential we offer experience and understanding... Helping you keep your teeth for life

- At confidential we have many years experience offering general, family and cosmetic dentistry to thousands of patients who appreciate our exceptional standard of professional care.
- **We offer an extensive range of treatments delivered to the highest standards by our highly qualified and dedicated team, ensuring our patients experience excellence.**
- We are technically advanced and dedicated to using well-researched materials and proven techniques to deliver a unique standard of results.
- **We are trusted by many patients and hundreds of dentists refer their patients to us for conventional and faster orthodontics' as well as other treatments.**
- We understand that some people are more nervous about their dental treatment than others, we offer a relaxing atmosphere and a range of sedation options to ensure your visit is calm and caring and less stressful.
- **Our dentists will take the time to listen to you, to understand your dental concerns and put together a personalised treatment plan with consideration of your health, cosmetic and financial needs.**
- We are dedicated to delivering a unique standard of care to ensure you are happy with your teeth and smile. We believe you will appreciate the difference.

Our team of experienced dentists that specialise in orthodontics at Confidential, will carry out an initial orthodontic assessment to determine the best solution for you, to help provide you with options available to get your smile and bite looking perfect.

**“ A huge thank you for giving me my new smile! You are such a friendly and caring professional.
I will be smiling more now thanks to you. I’m very happy with the results” - Irena**